



## Prova 1 Km

### CLASSIFICAÇÃO ABSOLUTA Final Results / Resultados Finais

Lugar	Dorsal	Nome do atleta	Clube	Escalão	Posição Escalão	Diferença	Tempo
1	311	Bruno Matos Ruas	Sporting Clube de Portugal	MASTERS A (M)	1	00:00:00	00:11:08.4
2	301	Afonso Domingues	Sport Algés e Dafundo	JUNIORES	1	00:00:09	00:11:18.0
3	86	Nuno Laurentino	Sport Algés e Dafundo	MASTERS D (M)	1	00:00:32	00:11:40.8
4	327	Emílio Nuno Frischknecht	Sport Algés e Dafundo	MASTERS D (M)	2	00:00:54	00:12:02.7
5	525	Joana Esteves de Oliveira Patrício	individual	SENIORES	1	00:01:00	00:12:08.4
6	323	Daniel Rosa Gonçalves	Individual	SENIORES	1	00:01:13	00:12:22.1
7	314	Carlos Eduardo	Individual	SENIORES	2	00:01:18	00:12:26.4
8	371	Marco André Moras Videira	individual	MASTERS A (M)	2	00:01:19	00:12:27.4
9	396	Pedro Silva	Sport Algés e Dafundo	MASTERS C (M)	1	00:01:27	00:12:35.9
10	312	Bruno Miguel Ferraz Sequeira	ENIDH-ESCOLA SUPERIOR NÁUTICA	SENIORES	3	00:01:28	00:12:37.1
11	302	Alexandre Mendes Almeida	Clube Natação Masters Almada	JUVENIS	1	00:01:31	00:12:39.6
12	309	Bernardo Calado Marques	Clube Natação Masters Almada	SENIORES	4	00:01:33	00:12:41.4
13	410	Tomás Almeida	Individual	JUNIORES	2	00:01:44	00:12:52.5
14	380	Miguel Sobral Domingues	Individual	SENIORES	5	00:02:00	00:13:08.8
15	370	Manuel de Almeida Eliseu	Individual	SENIORES	6	00:02:02	00:13:10.8
16	378	Miguel Madeira	Gesloures	MASTERS E (M)	1	00:02:03	00:13:12.1
17	503	ANA BEATRIZ COUCEIRO RODRIGUES	MASTERS COLARES	SENIORES	2	00:02:07	00:13:16.3
18	508	Barbara Assunção da Silveira	Clube Natação Masters Almada	SENIORES	3	00:02:08	00:13:16.6
19	519	Helena Sofia Diogo	Clube Millennium BCP	MASTERS D (F)	1	00:02:11	00:13:19.7
20	384	Paulo Caetano Oliveira	Individual	MASTERS B (M)	1	00:02:23	00:13:31.8
21	521	Inês Carreira Antunes Melo	Individual	SENIORES	4	00:02:32	00:13:41.0
22	351	João Martins Ruas	Sporting Clube de Portugal	MASTERS G (M)	1	00:02:41	00:13:49.5
23	411	Tomás Santos	Individual	SENIORES	7	00:02:53	00:14:01.8
24	509	Beatriz Lopes	Gesloures	JUNIORES	1	00:03:01	00:14:09.6
25	353	João Nuno Gonçalves	Individual	MASTERS B (M)	2	00:03:04	00:14:13.1
26	306	André Pereira	ADO	MASTERS C (M)	2	00:03:11	00:14:19.4
27	366	Luis More	Gesloures	MASTERS C (M)	3	00:03:12	00:14:20.4
28	315	Carlos Lopes	Gesloures	MASTERS B (M)	3	00:03:20	00:14:28.9
29	310	Bernardo Topa	Individual	JUNIORES	3	00:03:25	00:14:34.1
30	355	Jorge Conceição Silvestre	Clube Natação Masters Almada	MASTERS C (M)	4	00:03:27	00:14:36.0
31	527	Laura Manuela Miranda	Sport Algés e Dafundo	MASTERS E (F)	1	00:03:28	00:14:37.1
32	530	Maria João Ribeiro	ANE	MASTERS F (F)	1	00:03:35	00:14:44.3
33	397	Pedro Xavier Carneiro Faria	CNBeja	SENIORES	8	00:03:37	00:14:45.7
34	513	Carla Vale Lenzi	Sport Algés e Dafundo	MASTERS E (F)	2	00:03:40	00:14:49.2
35	320	Daniel Mameri	Estádio Universitário Lisboa	SENIORES	9	00:03:44	00:14:52.8
36	326	Domingos Pinto Coelho	Sport Algés e Dafundo	MASTERS H (M)	1	00:03:45	00:14:54.3
37	511	Carla Pires	Individual	SENIORES	5	00:03:49	00:14:58.3

38	526	Joana Ferreira Mavioso	Sport Algés e Dafundo	MASTERS B (F)	1	00:03:51	00:15:00.2
39	533	Rita Conduto	Gesloures	MASTERS B (F)	2	00:03:55	00:15:04.2
40	412	Vasco Coelho	Individual	MASTERS D (M)	3	00:03:56	00:15:04.7
41	333	Francisco Herdeiro	Individual	SENIORES	10	00:04:00	00:15:09.1
42	369	Luís Vidigal Salgueiro	Sport Algés e Dafundo	MASTERS J (M)	1	00:04:07	00:15:16.3
43	373	Mark Terra Lavita	Individual	MASTERS C (M)	5	00:04:09	00:15:18.0
44	405	Rui Santos	ADO	MASTERS C (M)	6	00:04:24	00:15:32.8
45	520	Iara Almeida	ADO	JUVENIS	1	00:04:26	00:15:35.0
46	536	Suzana Faria Parreira Cano	Individual	MASTERS D (F)	2	00:04:27	00:15:35.7
47	316	Carlos Manuel Alves Caetano	Individual	MASTERS D (M)	4	00:04:29	00:15:38.1
48	345	Ivo Fernandes	Individual	MASTERS A (M)	3	00:04:32	00:15:40.6
49	534	Silvia Rodriguez Climent	Individual	MASTERS B (F)	3	00:04:34	00:15:42.7
50	383	Nuno Marques	NEPN	SENIORES	11	00:04:54	00:16:02.5
51	339	Gonçalo Cartaxana	Atlético	JUNIORES	4	00:05:19	00:16:28.1
52	368	Luís Silveira Viegas	Sport Algés e Dafundo	MASTERS I (M)	1	00:05:29	00:16:38.1
53	382	Nuno Duarte Baptista	Individual	MASTERS G (M)	2	00:05:30	00:16:38.9
54	379	Miguel Matos Torres	Individual	JUNIORES	5	00:05:33	00:16:41.9
55	372	Mário Jorge Ribeiro	Sport Algés e Dafundo	MASTERS F (M)	1	00:05:34	00:16:42.4
56	535	Susana Mota	ANE	MASTERS D (F)	3	00:05:34	00:16:42.8
57	529	Maria Goulart	Clube VII	MASTERS E (F)	3	00:05:50	00:16:58.7
58	330	Fábio Bento	Gesloures	MASTERS A (M)	4	00:05:57	00:17:05.8
59	377	Miguel David	Individual	MASTERS E (M)	2	00:06:04	00:17:12.7
60	338	Gonçalo Cabaça	MASTERS COLARES	MASTERS D (M)	5	00:06:04	00:17:13.2
61	329	Eurico Silva	ADO	JUVENIS	2	00:06:08	00:17:17.2
62	406	Rui Simoes	Individual	SENIORES	12	00:06:12	00:17:21.2
63	522	Inês Lima	Individual	SENIORES	6	00:06:15	00:17:23.5
64	386	Paulo Marques	Individual	MASTERS C (M)	7	00:06:15	00:17:24.1
65	357	Jorge Manuel Silva da Rosa	Torpedos de Barcarena Outurela	SENIORES	13	00:06:17	00:17:26.1
66	324	Dário Manuel Palma da Luz	TRIAMOR	SENIORES	14	00:06:18	00:17:27.1
67	337	Gil Santo	CCDEULX	MASTERS E (M)	3	00:06:24	00:17:32.4
68	360	José Luis Cardoso	Clube Natação Masters Almada	MASTERS D (M)	6	00:06:43	00:17:51.9
69	331	Fernando andre	Clube VII	MASTERS G (M)	3	00:06:45	00:17:53.7
70	319	Carlos Rodrigues	NEPN	MASTERS D (M)	7	00:06:45	00:17:54.3
71	537	Tânia Freitas Gonçalves Santos Leal	Individual	MASTERS C (F)	1	00:06:46	00:17:54.8
72	409	Tiago Castim	Individual	MASTERS A (M)	5	00:06:50	00:17:58.7
73	413	Vasco Santos	Individual	MASTERS D (M)	8	00:06:59	00:18:08.1
74	334	Francisco Jorge Ribeiro	Individual	JUNIORES	6	00:07:02	00:18:10.9
75	539	Teresa Sepúlveda	ANE	MASTERS B (F)	4	00:07:06	00:18:14.7
76	336	Gabriel Oliveira Rodrigues	ENIDH-ESCOLA SUPERIOR NÁUTICA	MASTERS C (M)	8	00:07:16	00:18:24.8
77	349	João Ferreira Lima	GD Crédito Agrícola	MASTERS E (M)	4	00:07:26	00:18:35.0
78	398	Peter Carl Forsgren	individual	MASTERS G (M)	4	00:07:29	00:18:37.5
79	387	Paulo Neves	Individual	MASTERS C (M)	9	00:07:36	00:18:44.5
80	404	Rui Pedro Pereira Nunes	Adecco RH	MASTERS C (M)	10	00:07:55	00:19:04.1
81	501	Alexandra Abreu	Individual	MASTERS F (F)	2	00:08:02	00:19:10.5
82	318	Carlos Reguengo Neves	Individual	MASTERS G (M)	5	00:08:03	00:19:11.7
83	359	JOSÉ CARLOS AFONSO RODRIGUES	MASTERS COLARES	MASTERS E (M)	5	00:08:15	00:19:24.3
84	516	Daniela Gonçalves	ENIDH-ESCOLA SUPERIOR NÁUTICA	SENIORES	7	00:08:16	00:19:25.0
85	364	Lucilio Cabaça	MASTERS COLARES	MASTERS J (M)	2	00:08:27	00:19:35.8
86	358	José Henrique Jesus Martins	Individual	MASTERS I (M)	2	00:08:40	00:19:48.4
87	317	Carlos Preciso	Clube Atletismo Amigos Belém	MASTERS D (M)	9	00:08:42	00:19:50.6
88	515	Célia Spínola	Spinola	SENIORES	8	00:08:44	00:19:52.6
89	307	Artur Fonseca	Individual	SENIORES	15	00:09:11	00:20:19.4
90	400	Rui Braz	BazofiaTeam	MASTERS B (M)	4	00:09:15	00:20:24.0
91	504	Ana Costa	Individual	SENIORES	9	00:09:26	00:20:34.5

92	361	José Manuel Horta	Sport Algés e Dafundo	MASTERS I (M)	3	00:09:33	00:20:41.6
93	328	Eurico João Naves Nunes da Silva	Virgin Active	MASTERS G (M)	6	00:11:23	00:22:31.4
94	392	Pedro Jesus	Individual	SENIORES	16	00:12:13	00:23:21.5
95	517	Diana Jesus	Individual	SENIORES	10	00:13:16	00:24:25.2
96	388	Pedro Almeida	ANE	MASTERS C (M)	11	00:17:28	00:28:37.3
97	528	Margarida Correia	ANE	MASTERS A (F)	1	00:17:29	00:28:37.8